Student Health Services
Health Services Advisory Committee
Meeting Minutes 12/4/14

Attendance: Susan Quinn, Katie Parrish, Vayta Smith, Tina August, Ruth Ann Grogan, Modhurima (Rima) Dasgupta, Kit Conover-O’Neill, Elise Gow, Ely Eger, Jackie Barr, Jennifer Richardson, Deborah Ziccone, (Petaluma videoconference). Guests: Juanita Dreiling (note taker), Bert Epstein, SHS Assistant Director, Stephanie Sanchez, Jeane Erlenborn, Jen Lewis (Health Action Group).

Agenda Review: Susan Q. briefly reviewed the committee’s agenda.

Introductions:
This being the first HSAC meeting for Ely Eger, a brief introduction period was provided so that committee members and guests could meet and learn more about each other.

Committee Housekeeping:
- **HSAC Meeting Chair** – Jennifer Richardson volunteered to replace Mike Sjoblom as the Committee Chair. Mike recently resigned from the committee. The chair creates and distributes agendas and supporting materials to members by e-mail, facilitates/conducts the meetings, etc.
- **Approval of October Meeting Minutes** – Prior to the meeting, the committee reviewed draft meeting minutes. A minor change regarding the discussion around “branding” was requested and the Minutes were approved as revised.

Announcements:
- **Ely E.** – SRJC may be hiring a new club advisor. This will be a full-time, student-funded position.
- **Tina A.** – Still working hard in Financial Aid! Things have not slowed down.
- **Elise G.** – There is a PEERS Coalition workshop tonight. The topic is “How to Talk Back to Your Inner Critic.”
- **Kit C.** – There are still flu shots available. The H3N2 strain is not protected, but the vaccination will decrease symptoms.

Approve Committee Best Practices Review:
- How does the Health Services Advisory Committee support the college’s strategic plan?
- **Susan Q.** - Reviewed a 4-5 page summary created from the PRPP linking Student Health Services programs and the committee and requested comments.
- **Vayta S.** – Perhaps shorten the summary a bit and focus on what is accomplished by the committee.
- **Susan Q.** – Reviewed action items:
  - Policy 8.4P – Built in COLA for the Health Fee
  - Major accomplishments
    - Peers program launch
    - NCHA survey
  - Changing fiscal conditions
Review committee structure
Try to condense summary to 1 page

- Committee approved the SHSAC Committee Best Practices document with revisions discussed.

Presentation by Jen Lewis, Sonoma County Health Action Group:
The committee listened to a presentation entitled “Health Action: A 2020 Vision for Sonoma County” – a data heavy needs assessment report on social influences in relation to health. See attached document for more information.

Discussion:
- Susan Q. – Found the “Latino Health Paradox” interesting. Zip Code area in Southwest Santa Rosa has large education and income disparities, health behaviors/status better than others, though life expectancy is lower. The Southwest Center has predominantly non-credit students, who do not pay the health fee or access the individual health services in the SR and Petaluma Campus health centers. Other services currently provided (online screenings, referral resources, classroom presentations, Reproductive health services, ACA enrollment, etc.) Posed the question to the group of expanding the Health Fee to non-credit students. What services in particular are needed? Is $19 too much of a financial burden? Table for more discussion at SHSAC meeting in March, and invite Li Collier and Hector Delgado.
- Jennifer R. - Mentioned that the Nursing Program is also trying to figure out the current employment needs of the County.
- Elise G. – Mentioned efforts to bring a GED program to low income communities. Possibly having a GED office at the Southwest Center?
- Jen L. – Asked folks to think about how the information in the report is useful to SRJC, and how this can be shared more throughout the District.
- Susan Q. – Mentioned that there are open positions on the committee for community members! Invited Jen to join.

Presentation by Jeane Erlenborn, PEI Program Outreach Specialist:
Jeane E. gave a presentation entitled “PEI Program: Promoting Mental Health at SRJC.” See attached document for more information. The PEI program is a comprehensive prevention/intervention program funded by Sonoma County through the Mental Health Services Act.

Discussion:
- Class presentations are available and can be requested by filling out a form on-line.
- Ely E. - Mentioned advertising availability for class presentations in the Bear Facts.
- Jeane E. - Noted that Peers Coalition workshops are regularly attended. The number of other SHS Events and Workshops are being scaled back due to lack of attendance.
- Susan Q. – Added that a regular schedule of mental health workshops and trainings, such as QPR (Question, Persuade & Refer), might help with attendance (i.e. one Friday per month). One of the glass cases in Bertolini may also be available for the dissemination of relevant health information.
- *Bert E.* – Asked Ely what he thought was the best way to reach students – classroom presentations, billboards, posters and flyers.
- *Peers members* – Mentioned they remind classmates in their classrooms to attend events. The Inter-Club Council person and Active minds have been a link in the past. It is not necessary to be invited to the ICC meeting to speak – just e-mail the ICC chair!
- Upcoming Spring events, the Spring Wellness Fair, Bacchus Training. The early planning stages are in process for the Bystander Program, and Each Bear Cub Matters.

**SHS Program and Fiscal Update:**

*Susan Q.* updated the group as follows:
- Li Collier has looped SHS in on the Equity Plan funds this year.
  - 20K available for pilot process of identifying students that are at highest risk for health issues to interfere with academic success.
  - Providers will follow up with students and provide better case management. SHS has not had capacity before, and with backfill time funded for provider follow-up, it will be possible.
  - Funds began November 2014, work is in progress to set up risk flags in the electronic health record, develop provider protocols, and test reporting. Pilot will begin at the beginning of Spring semester.
  - The work being done is looped in with SHS student learning outcomes for 14-15.
- *ACA Initiative* – Redwood Community Health Coalition
  - Funding outreach for ACA activities here at SRJC.
- **Webpage:**
  - SHS is not placed well on the web – difficult to locate.
  - Trying to make a case for “one click” visibility from the SRJC home page.
  - We’re working on major revisions as part of the “drupal” process.

**Meeting Evaluation**

**What Seemed to Work Well?**
- Guest speaker was incredible!
- Student voices were wonderful!
- Lunch was appreciated.

**What Could Be Improved Upon?**
- Louder speaking for Petaluma audience – difficulty hearing Santa Rosa folks.